



the
village
square

1982
40th
2022
anniversary
40 years serving the community

enrich your life
with community
classes and social
activities at **Epsom
Community Centre**



Term 1
Term 2

February – April 2023
May – July 2023

Epsom Community Centre
202 Gillies Ave, Epsom
09 555 5164
community@
epsom-community-centre.org.nz

classes

Class Name	Day and Time	No. Weeks	Cost	Term 1 Start	Term 2 Start	Class Description
Cooking Workshops						
Chinese Dumplings Workshop	Sat 9.30am-12.30pm	1 Workshop	\$45	18 Feb	–	Learn how to make Chinese dumplings in this hands-on workshop. Make your own dough and filling, plus learn tips about putting the parcels together and traditional Chinese flavours.
Sushi Making Workshop NEW	Sat 9.30am-12.30pm	1 Workshop	\$45	–	6 May	Join this fun, hands-on cooking workshop and learn how to make your own authentic and delicious homemade sushi rolls.
Creative Arts & Crafts						
Drawing for Beginners	Wed 9.30-10.30am	8	\$104	8 Feb	3 May	Unlock your inner artist starting with simple exercises in drawing objects using line, tone, shading and perspective. Bring materials from list provided.
Painting for Beginners	Wed 10.30-12pm	8	\$145	8 Feb	3 May	A painting class with brushes of colour and splashes of fun! A wide range of subject matter will be explored. Students to bring their own materials from the list provided.
Watercolour for Beginners NEW	Wed 12-1.30pm	8	\$145	8 Feb	3 May	Come and learn the basics of watercolour painting and the main techniques of this lovely water-based medium. Learn basic concepts of tone and colour theory. No previous experience is needed.
Healthy Body & Mind						
9am Pilates Beginners class	Tue 9-10am	9	\$155	7 Feb	2 May	Experience a positive, exercise-based way to balance mind and body. Improve your flexibility, posture, muscle strength and balance.
10am Pilates Continuing class	Tue 10-11am	9	\$155	7 Feb	2 May	
Languages						
Japanese for Travellers NEW	Thurs 7-8.30pm	8	\$120	17 Feb	9 May	Travelling to Japan? Learn to greetings and simple conversation skills to speak confidently in Japanese.
Music, Rhythm & Dance						
Adult Jazz	Mon 1.10-2.10pm	8	\$108	13 Feb	1 May	Come join the fun! This upbeat dance class covers everything from limbering to learning sequences and combinations to modern music with a jazz twist.
Social Activities						
Sip & Play NEW	Mon 9am-12pm	Weekly	FREE	13 Feb		Join our new Sip & Play social group and play board games over coffee, tea and biscuits, and enjoy great company. Facilitated by Epsom Chinese Association.



Enrich your life with community classes at **Epsom Community Centre**

How to enrol?

Visit our website at
epsom-community-centre.org.nz/enrol
to enrol online, or call our friendly team
and enrol over the phone (pre-enrolment
is required for all classes)



CONTACT US

Epsom Community Centre

202 Gillies Ave, Epsom

T 09 638 7444

E community@epsom-community-centre.org.nz

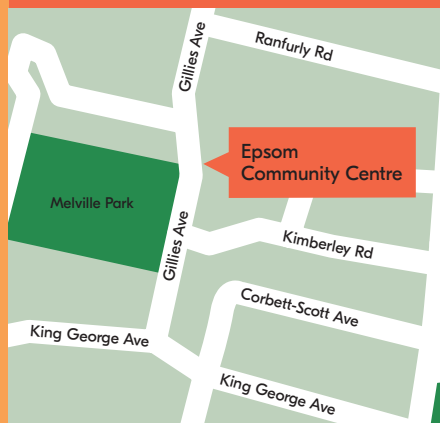
Facebook @EpsomCommunityCentre

**Epsom Community
Centre is proudly
managed by The Village
Square Trust**

What we do at Epsom Community Centre

- Community classes
- Venue hire
- Community garden
- Community market
- JP service desk
- ... and more!

More info at
epsom-community-centre.org.nz



EPSOM COMMUNITY CENTRE

202 Gillies Ave, Epsom

